UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 10-Q

QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 For the Quarterly Period Ended June 30, 2019									
	TRANSITION REPORT PURSUAN For the Transition Period From		ECURITIES EXCHANGE ACT OF 1934						
		Commission File N	Jumber <u>000-50009</u>						
	PACIFI	C HEALTH CARE (ORGANIZATION, INC.						
	(Exact name of registrant as specified in its charter)								
	<u>Utah</u> (State or other jurisdiction of inco	rporation or organization)	87-0285238 (I.R.S. Employer I.D. No.)						
	1201 Dove Street Newport Beach,	<u>California</u>	92660						
	(Address of principal ex	secutive offices)	(Zip Code)						
		(Registrant's telephone numbe							
Caan	rities registered pursuant to Section 1		,,						
Secui		_							
	Title of each class	Trading Symbol	Name of each exchange on which r	egistered					
<u> </u>	None	N/A	N/A						
durin		y shorter period that the registrant was	e filed by Section 13 or 15(d) of the Securities Exchange required to file such reports) and (2) has been subject to						
Regu			Interactive Data File required to be submitted pursuant to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorter period that the registrant was required to such shorters period that the registrant was required to such shorters period that the registrant was required to such shorters period that the registrant was required to such shorters period that the registrant was required to such shorters period the registrant was required to such shorters period to suc						
Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, a smaller reporting company or an emerging growth company. See definitions of "large accelerated filer," "accelerated filer", "smaller reporting company" and "emerging growth company" in Rule 12b-2 of the Exchange Act.									
Non-a	Large accelerated filer \square								
		by check mark if the registrant has elect vided pursuant to Section 13(a) of the	ed to use the extended transition period for complying we have a second second by Exchange Act. \Box	rith any new or					
revise	ed financial accounting standards pro	vided pursuant to Section 13(a) of the		rith any new or					

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PART I. FINANCIAL INFORMATION

Item 1. Financial Information

Pacific Health Care Organization, Inc.

Condensed Consolidated Balance Sheets (Unaudited)

ASSETS

		June 30, 2019	De	ecember 31, 2018
Current Assets	Ф	7.550 (1)	Φ	7.070.507
Cash	\$	7,552,616	\$	7,072,507
Accounts receivable, net of allowance of \$28,442 and \$28,442 Deferred tax assets		1,081,488		940,426 63,465
		63,465		,
Prepaid income tax Receivable – Other		83,146		73,959
		27,466		23,715
Prepaid expenses Total current assets		8,919,317		163,255
Total current assets		8,919,317		8,337,327
Property and Equipment, net				
Computer equipment		420,466		405,219
Furniture and fixtures		215,960		215,960
Office equipment		9,556		9,556
Total property and equipment		645,982		630,735
Less: accumulated depreciation and amortization		(525,981)		(489,108)
Net property and equipment		120,001		141,627
Operating lease right-of-use assets, net		681,910		-
Other assets		26,788		26,788
Total assets	\$	9,748,016	\$	8,505,742
LIADH ITIEC AND CTOCKINOLDEDG FOLITSY				
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current Liabilities				
Accounts payable	\$	42,862	\$	63,724
Accrued expenses		253,396		248,455
Credit card payable		957		3,146
Income tax payable		-		100
Deferred rent expense		41,421		26,114
Dividend payable		37,000		37,000
Operating lease liabilities, current portion		267,940		-
Unearned revenue		45,448		45,448
Total current liabilities		689,024		423,987
Long Term Liabilities				
Operating lease liabilities, long-term portion		413,970		-
Total Liabilities		1,102,994		423,987
Commitments and Contingencies		-		-
Caralla III and E and to				
Stockholders' Equity Performed stockly 5,000,000 shares outhorized at \$0,000 manually of which 10,000 shares designated as Sories				
Preferred stock; 5,000,000 shares authorized at \$0.001 par value of which 10,000 shares designated as Series A preferred and 4,000 shares issued and outstanding at June 30, 2019 and December 31, 2018		4		4
Common stock, \$0.001 par value, 200,000,000 shares authorized, 3,200,000 shares issued and outstanding at				
June 30, 2019 and December 31, 2018		3,200		3,200
Additional paid-in capital		425,669		425,669
Retained earnings		8,216,149		7,652,882
Total stockholders' equity		8,645,022		8,081,755
	¢	0.749.016	¢.	0 505 740
Total liabilities and stockholders' equity	\$	9,748,016	\$	8,505,742

Condensed Consolidated Statements of Operations (Unaudited)

	For three months ended June 30,			For six months ended June 30,				
		2019		2018		2019		2018
Revenues								
HCO fees	\$	400,840	\$	360,265	\$	771,182	\$	759,707
MPN fees		127,113		130,633		250,978		265,277
Utilization review		286,555		299,497		579,238		586,518
Medical bill review		125,080		126,170		260,077		240,209
Medical case management		799,349		615,602		1,580,963		1,198,171
Other		76,382		129,350		156,319		194,944
Total revenues		1,815,319		1,661,517	_	3,598,757		3,244,826
Expenses								
Depreciation and amortization		17,989		16,443		36,873		32,787
Bad debt provision		-		(35,000)		-		(35,000)
Consulting fees		70,007		85,449		149,642		164,263
Salaries and wages		781,836		627,350		1,535,541		1,118,828
Professional fees		101,251		77,743		179,216		155,213
Insurance		86,922		73,171		160,305		140,200
Outsource service fees		136,671		163,959		261,480		259,840
Data maintenance		57,319		16,798		67,619		49,229
General and administrative		217,566		183,567		425,001		351,772
Total expenses		1,469,561		1,209,480		2,815,677		2,237,132
Income from operations		345,758		452,037		783,080		1,007,694
Income before taxes		345,758		452,037		783,080		1,007,694
Income tax provision		(97,054)		(126,883)		(219,813)		(282,859)
Net income	\$	248,704	\$	325,154	\$	563,267	\$	724,835
Basic earnings per share:								
Earnings per share amount	\$	0.08	\$	0.10	\$	0.18	\$	0.23
Weighted average common shares outstanding		3,200,000		3,200,000		3,200,000		3,200,000
Fully diluted earnings per share:								
Earnings per share amount		0.08	\$	0.10		0.18		0.23
Weighted average common shares outstanding		3,204,000		3,204,000		3,204,000		3,204,000

Condensed Consolidated Statements of Stockholders' Equity (Unaudited)

	Preferr	ed st	tock	Commo	on St	ock	dditional paid-in		Retained	sto	Total ckholder's
	Shares		Amount	Shares		Amount	capital	_	earnings		equity
Balances at December 31, 2017	1,000	\$	4	3,200,000	\$	3,200	\$ 425,669	\$	6,293,105	\$	6,721,978
Net Income	-		-	-		-	-		399,681		399,681
Balances at March 31, 2018	1,000	\$	4	3,200,000	\$	3,200	\$ 425,669	\$	6,692,786	\$	7,121,659
Net Income	-		-	-		-	-		325,154		325,154
Balances at June 30, 2018	1,000	\$	4	3,200,000	\$	3,200	\$ 425,669	\$	7,017,940	\$	7,446,813
Balances at December 31, 2018	1,000	\$	4	3,200,000	\$	3,200	\$ 425,669	\$	7,652,882	\$	8,081,755
Net Income	-		-	-		-	-		314,563		314,563
Balances at March 31, 2019	1,000	\$	4	3,200,000	\$	3,200	\$ 425,669	\$	7,967,445	\$	8,396,318
Net Income	-		-	-		-	-		248,704		248,704
Balances at June 30, 2019	1,000	\$	4	3,200,000	\$	3,200	\$ 425,669	\$	8,216,149	\$	8,645,022

Condensed Consolidated Statements of Cash Flows (Unaudited)

Six Months Ended June 30, 2019 2018 Cash flows from operating activities: \$ 563,267 Net income 724,835 Adjustments to reconcile net income to net cash from operations: Increase in depreciation and amortization 36,873 32,787 Amortization of right-of-use assets 37,951 Changes in operating assets and liabilities: (Decrease) in allowance for bad debt (35,000)(141,062)(Increase) decrease in accounts receivable 262,142 (Increase) in prepaid income tax (9,187)(55,425)Decrease (increase) in prepaid expenses 52,119 (108,812)(Increase) in receivables other (1,192)(3,751)(Decrease) in accounts payable (20,862)(2,643)Increase (decrease) in deferred rent expense 15,307 (3,795)Increase in accrued expenses 4,941 28,805 (Decrease) in credit cards payable (2,189)(Decrease) in income tax payable (100)(81,715)Operating lease liabilities (37,951)267 Increase in unearned revenue 495,356 Net cash provided from operating activities 760,254 Cash flows from investing activities: Purchase of furniture and office equipment (15,247)(12,191)Net cash used in investing activities (15,247)(12,191)Cash flows from financing activities: Issuance of cash dividend (18,750)Net cash used in financing activities (18,750)Increase in cash 480,109 729,313 7,072,507 5,815,071 Cash at beginning of period 7,552,616 6,544,384 Cash at end of period Supplemental cash flow information Cash paid for: \$ \$ Interest Income tax refund (101)\$ \$ Income taxes paid 229,100 419,999 Non-cash investing and financing activities Initial recognition of operating lease right-of-use assets and operating lease liabilities \$ 719,861 \$

Notes to Condensed Consolidated Financial Statements For the Six Months Ended June 30, 2019 (Unaudited)

NOTE 1 - BASIS OF FINANCIAL STATEMENT PRESENTATION

The accompanying unaudited condensed consolidated financial statements have been prepared by the Company pursuant to the rules and regulations of the Securities and Exchange Commission (the "Commission") and in accordance with accounting principles generally accepted in the United States ("GAAP"). Certain information and footnote disclosures normally included in consolidated financial statements have been condensed or omitted in accordance with GAAP rules and regulations. The information furnished in these interim condensed consolidated financial statements includes normal recurring adjustments and reflects all adjustments, which, in the opinion of management, are necessary for a fair presentation of such financial statements. The preparation of condensed consolidated financial statements in accordance with GAAP requires management to make estimates and assumptions that affect both the recorded values of assets and liabilities at the date of the condensed consolidated financial statements and the revenues recognized and expenses incurred during the reporting period. These estimates and assumptions affect the Company's recognition of deferred expenses, bad debts, income taxes, the carrying value of its long-lived assets and its provision for certain contingencies. The reasonableness of these estimates and assumptions is evaluated continually based on a combination of historical information and other information that comes to the Company's attention that may vary its outlook for the future. While management believes the disclosures and information presented are adequate to make the information not misleading, it is suggested that these interim condensed consolidated financial statements be read in conjunction with the Company's audited financial statements and notes thereto included in its annual report on Form 10-K for the year ended December 31, 2018. Operating results for the six months ended June 30, 2019, are not necessarily indicative of the results to be expected for the year ending December 31, 2019.

Principles of Consolidation— The accompanying condensed consolidated financial statements include the accounts of the Company and its whollyowned subsidiaries. Intercompany transactions and balances have been eliminated in consolidation.

Basis of Accounting — The Company uses the accrual method of accounting.

Revenue Recognition — The Company follows the guidance of Accounting Standards Codification (ASC) 606, "Revenue from Contracts with Customers (Topic 606)."

Topic 606 creates a five-step model to recognize revenue which includes (i) identifying the contract with the customer, (ii) identifying the performance obligations in the contract, (iii) determining the transaction price, including variable consideration to the extent that it is probable that a significant future reversal will not occur, (iv) allocating the transaction price to the respective performance obligations in the contract, and (v) recognizing revenue when (or as) the Company satisfies the performance obligation.

The Company derives its revenue from the sale of managed care, bill review, utilization review and medical case management services. These services are billed individually as separate components to our customers. These fees include monthly administration fees, claim network fees, legal support fees, Medicare set-aside fees, lien service fees, workers' compensation carve-outs, flat rate fees or hourly fees depending on the agreement with the client.

The Company enters into arrangements for bundled managed care which includes various units of accounting such as network solutions and patient management, including managed care. Such elements are considered separate units of accounting due to each element having value to the customer on a stand-alone basis and are billed separately. The selling price for each unit of accounting is determined using the contract price. When the Company's customers purchase several products the pricing of the products sold is generally the same as if the products were sold on an individual basis. Revenue is recognized as the work is performed in accordance with the Company's customer contracts. Based upon the nature of the Company's products, bundled managed care elements are generally delivered in the same accounting period. The Company recognizes revenue for patient management services ratably over the life of the customer contract. Based upon prior experience in managed care, the Company estimates the deferral amount from when the customer's claim is received to when the customer contract expires. Advance payments from subscribers and billings made in advance are recorded on the balance sheet as deferred revenue.

Notes to Condensed Consolidated Financial Statements For the Six Months Ended June 30, 2019 (Unaudited)

Accounts Receivables and Bad Debt Allowance – In the normal course of business the Company extends credit to its customers on a short-term basis. Although the credit risk associated with these customers is minimal, the Company routinely reviews its accounts receivable balances and makes provisions for doubtful accounts. The Company ages its receivables by date of invoice. Management reviews bad debt reserves quarterly and reserves specific accounts as warranted or sets up a general reserve based on amounts over 90 days past due. When an account is deemed uncollectible, the Company charges off the receivable against the bad debt reserve. A considerable amount of judgment is required in assessing the realization of these receivables including the current creditworthiness of each customer and related aging of the past-due balances, including any billing disputes. In order to assess the collectability of these receivables, the Company performs ongoing credit evaluations of its customers' financial condition. Through these evaluations, the Company may become aware of a situation where a customer may not be able to meet its financial obligations due to deterioration of its financial viability, credit rating or bankruptcy. The allowance for doubtful accounts is based on the best information available to the Company and is reevaluated and adjusted as additional information is received. We evaluate the allowance based on historical write-off experience, the size of the individual customer balances, past-due amounts and the overall national economy. At June 30, 2019 and December 31, 2018, bad debt reserves of \$28,442 and \$28,442, respectively, was a general reserve for certain balances over 90 days past due and for accounts that are potentially uncollectible.

The percentages of the amounts due from major customers to total accounts receivable as of June 30, 2019 and December 31, 2018, are as follows:

	6/30/2019	12/31/2018
Customer A	26%	27%
Customer B	11%	7%
Customer C	11%	9%

Significant Customers - We provide services to insurers, third party administrators, self-administered employers, municipalities and other industries. We are able to provide our full range of services to virtually any size employer in the state of California. We are also able to provide utilization review, medical bill review and medical case management services outside the state of California.

During the period ended June 30, 2019 and 2018, we had three customers that accounted for more than 10% of our total sales. The following table sets forth details regarding the percentage of total sales attributable to our significant customers in the past two years:

	6/30/2019	6/30/2018
Customer A	29%	30%
Customer B	14%	10%
Customer C	11%	8%

Leases - Prior to January 1, 2019, the Company accounted for leases under ASC 840, Accounting for Leases. Effective January 1, 2019, the Company adopted the guidance of ASC 842, Leases, which requires an entity to recognize a right-of-use asset and a lease liability for virtually all leases. The Company adopted ASC 842 using a modified retrospective approach. As a result, the comparative financial information has not been updated and the required disclosures prior to the date of adoption have not been updated and continue to be reported under the accounting standards in effect for those periods. The adoption of ASC 842 on January 1, 2019 resulted in the recognition of operating lease right-of-use assets of \$681,910, lease liabilities for operating leases of \$681,910, and a zero cumulative-effect adjustment to accumulated deficit. The Company elected to exclude from its balance sheets recognition of leases having a term of 12 months or less ("short-term leases"). Lease expense is recognized on a straight-line basis over the lease term. See Note 2 for further information regarding the impact of the adoption of ASC 842 on the Company's financial statements.

NOTE 2- OPERATING LEASES

In July 2015, the Company entered a 79-month lease to lease approximately 9,439 square feet of office space that commenced in September 2015. This office space serves as the Company's principal executive offices, as well as, the principal offices of our operating subsidiaries. In March 2017, the Company entered a 39-month operating lease for an office copy machine with scanner with monthly payment at \$1,723, commencing in April 2017.

Notes to Condensed Consolidated Financial Statements For the Six Months Ended June 30, 2019 (Unaudited)

Operating lease right-of-use ("ROU") assets and liabilities are recognized at commencement date based on the present value of lease payments over the lease term. ROU assets represent our right to use an underlying asset for the lease term and lease liabilities represent our obligation to make lease payments arising from the lease. Generally, the implicit rate of interest in arrangements is not readily determinable and the Company utilizes its incremental borrowing rate in determining the present value of lease payments. The Company's incremental borrowing rate is a hypothetical rate based on its understanding of what its credit rating would be. The operating lease ROU asset includes any lease payments made and excludes lease incentives.

The components of lease expense and supplemental cash flow information related to leases for the period are as follows:

	 Months Ended te 30, 2019		ix Months Ended June 30, 2019
<u>Lease Cost</u>			
Operating lease cost (included in general and administrative in the Company's condensed			
consolidated statement of operations)	\$ 68,153	\$	154,820
Other Information			
Cash paid for amounts included in the measurement of lease liabilities for the three and six			
months ended June 30, 2019	\$ 43,986	\$	132,459
Weighted average remaining lease term – operating leases (in years)	2.78 years		2.78 years
Average discount rate – operating leases	5.75%)	5.75%

The supplemental balance sheet information related to leases for the period is as follows:

	At Ju	ne 30, 2019
Operating leases		
Long-term right-of-use assets	\$	681,910
Short-term operating lease liabilities	\$	267,940
Long-term operating lease liabilities		413,970
Total operating lease liabilities	\$	681,910

Maturities of the Company's lease liabilities are as follows:

Year Ending	Opera	ating Leases
2019 (remaining 6 months)	\$	142,295
2020		281,804
2021		257,024
2022		71,359
Total lease payments		752,482
Less: Imputed interest/present value discount		(70,572)
Present value of lease liabilities	\$	681,910

Lease expenses were \$68,153 and \$70,223 during the three months ended June 30, 2019 and 2018, respectively and \$154,820 and \$159,419 during the six months ended June 30, 2019 and 2018, respectively

NOTE 3 - SUBSEQUENT EVENTS

In accordance with ASC 855-10 Company management reviewed all material events through the date of issuance and there are no material subsequent events to report.

Item 2. Management's Discussion and Analysis of Financial Statements and Results of Operations

This quarterly report on Form 10-Q contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended (the "Securities Act") and Section 21E of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), that are based on our management's beliefs and assumptions and on information currently available to them. For this purpose, any statement contained in this report that is not a statement of historical fact may be deemed to be forward-looking, including statements about our revenue, spending, cash flow, products, new customer acquisitions, trends, actions, intentions, plans, strategies and objectives. Without limiting the foregoing, words such as "may," "hope," "will," "expect," "believe," "anticipate," "estimate," "project," "intend," "budget," "plan," "forecast," "predict," "could," "should," or "continue" or comparable terminology are intended to identify forward-looking statements. These statements by their nature involve substantial risk and uncertainty, and actual results may differ materially depending on a variety of factors, many of which are not within our control. These factors include but are not limited to economic conditions generally and in the industry in which we and our customers participate; cost reduction efforts by our existing and prospective customers; competition within our industry, including competition from much larger competitors; business combinations; legislative requirements or changes which could render our services less competitive or obsolete; our failure to successfully develop new services, and/or products or to anticipate current or prospective customers' needs; our ability to retain existing customers and to attract new customers; price increases; employee limitations; and delays, reductions, or cancellations of contracts we have previously entered.

Forward-looking statements are predictions and not guarantees of future performance or events. Forward-looking statements are based on current industry, financial and economic information, which we have assessed but which, by its nature, is dynamic and subject to rapid and possibly abrupt changes. Our actual results could differ materially from those stated or implied by such forward-looking statements due to risks and uncertainties associated with our business. We hereby qualify all our forward-looking statements by these cautionary statements. These forward-looking statements speak only as of their dates and should not be relied upon. We undertake no obligation to publicly update or revise any forward-looking statements whether as a result of new information, future events or otherwise (other than pursuant to reporting obligations imposed on registrants pursuant to the Exchange Act) to reflect subsequent events or circumstances.

The following discussion should be read in conjunction with our unaudited condensed consolidated financial statements and the related notes contained elsewhere in this report and in our other filings with the Commission.

Throughout this quarterly report on Form 10-Q, unless the context indicates otherwise, the terms, "we," "us," "our" or "the Company" refer to Pacific Health Care Organization, Inc., ("PHCO") and our wholly-owned subsidiaries Medex Healthcare, Inc. ("Medex"), Industrial Resolutions Coalition, Inc. ("IRC"), Medex Managed Care, Inc. ("MMC"), Medex Medical Management, Inc. ("MMM") and Medex Legal Support, Inc. ("MLS") and Pacific Medical Holding Company, Inc. ("PMHC").

Overview

We incorporated under the laws of the state of Utah in April 1970, under the name Clear Air, Inc. We changed our name to Pacific Health Care Organization, Inc., in January 2001. In February 2001, we acquired Medex Healthcare, Inc. ("Medex"), a California corporation organized in March 1994, in a share for share exchange. Medex is in the business of managing and administering both Health Care Organizations ("HCOs") and Managed Provider Networks ("MPNs") in the state of California. In August 2001, we formed Industrial Resolutions Coalition, Inc. ("IRC"), a California corporation, as a wholly-owned subsidiary of PHCO. IRC oversees and manages the Company's Workers' Compensation Carve-Outs services. In June 2010, we acquired Medex Legal Support, Inc. ("MLS"), a Nevada corporation incorporated in September 2009. MLS offers lien representation services and Medicare Set-Aside ("MSA") services. In February 2012, we incorporated Medex Medical Management, Inc., ("MMM") in the state of Nevada, as a wholly owned subsidiary of the Company. MMM is responsible for overseeing and managing medical case management services. In March 2011, we incorporated Medex Managed Care, Inc. ("MMC") in the state of Nevada, as a wholly owned subsidiary of the Company. MMC oversees and manages the Company's utilization review and managed bill review services. In October 2018, we incorporated Pacific Medical Holding Company, Inc. ("PMHC") to act as a holding company for future potential acquisitions.

Business of the Company

We are workers' compensation cost containment specialists providing a range of services principally to California employers and claims administrators. Our business objective is to deliver value to our clients that reduces their workers' compensation related medical claims expense in a manner that will assure that injured employees receive high quality healthcare that allows them to recover from injury and return to gainful employment without undue delay. According to studies conducted by auditing bodies on behalf of the California Division of Workers' Compensation, ("DWC") the two most significant cost drivers for workers' compensation are claims frequency and medical treatment costs.

Our clients include self-administered employers, insurers, third party administrators, municipalities and others. Our principal clients are in the State of California where the high cost of workers' compensation insurance is a critical problem for employers. We have processed medical bill reviews in 25 states. Our provider networks are composed of experts in treating worker injuries.

Results of Operations

Comparison of the three months ended June 30, 2019 and 2018

The following represents selected components of our consolidated results of operations, for the three-month periods ended June 30, 2019 and 2018, respectively, together with changes from period-to-period:

		For three months ended June 30,		
	2019	2018	Amount Change	% Change
Revenues:				
HCO fees	\$ 400,840	360,265	\$ 40,575	11%
MPN fees	127,113	3 130,633	(3,520)	(3%)
Utilization review	286,555	5 299,497	(12,942)	(4%)
Medical bill review	125,080	126,170	(1,090)	(1%)
Medical case management	799,349	615,602	183,747	30%
Other	76,382	2 129,350	(52,968)	(41%)
Total revenues	1,815,319	1,661,517	153,802	9%
Expense:				
Depreciation and amortization	17,989	16,443	1,546	9%
Bad debt provision		- (35,000		=
Consulting fees	70,00	7 85,449	(15,442)	(18%)
Salaries and wages	781,830	627,350	154,486	25%
Professional fees	101,25	1 77,743	23,508	30%
Insurance	86,922	2 73,171	13,751	19%
Outsource service fees	136,67	163,959	(27,288)	(17%)
Data maintenance	57,319	9 16,798	40,521	241%
General and administrative	217,566	5 183,567	33,999	19%
Total expenses	1,469,56	1,209,480	260,081	22%
Income from operations	345,758	3 452,037	(106,279)	(24%)
Income before taxes	345,758	3 452,037	(106,279)	(24%)
Income tax provision	(97,054	1) (126,883	29,829	(24%)
Net income	\$ 248,704	\$ 325,154	\$ (76,450)	(24%)
	11			

Revenue

Total revenues during the three-month periods ended June 30, 2019 and 2018 increased 9% to \$1,815,319 from \$1,661,517.

During the second quarter 2019, HCO and medical case management fees increased 11% and 30%, respectively, while MPN, utilization review, medical bill review and other fees decreased by 3%, 4%, 1%, and 41%, respectively. Other revenues consisted of revenues derived primarily from network claims repricing services, lien representation services, legal support services, workers' compensation carve-out revenues and Medicare set-aside revenues.

HCO Fees

During the three-month periods ended June 30, 2019 and 2018, HCO fee revenues were \$400,840 and \$360,265, respectively. The increase was due to current customers enrolling additional employees into the HCO program partially offset by decreases in claim administration fees due to fewer reported injuries. The Medex Health Care Organization (HCO) program utilizes an exclusive, specialized network of medical providers experienced in workers' compensation. It also gives the employer the right to direct medical care to a network physician for a work-related injury for up to 180-days of medical treatment. The ability to direct care during the early stage of a claim ensures the injured worker gets quality care in a timely manner.

MPN Fees

MPN fee revenue for the three-month periods ended June 30, 2019 and 2018, were \$127,113 and \$130,633, respectively, a decrease of 3%, due to a decrease in claims administration fees as a result of fewer customer reported claims, partially offset by an increase in program administration fees from existing customers. The Medex Medical Provider Network (MPN) program is comprised of an exclusive, specialized network of medical providers experienced in workers' compensation. This network was created to provide quality medical treatment for injured workers in a timely manner and provide medical reports.

<u>Utilization Review</u>

During the three-month periods ended June 30, 2019 and 2018, utilization review revenue was \$286,555 and \$299,497, respectively. The decrease of \$12,942 in the 2019 period was primarily attributable to a decrease in the volume of utilization reviews from current customers coupled with the loss of a customer. Utilization review can provide a safeguard against unnecessary and inappropriate medical treatment from the perspective of medical necessity, quality of care, appropriateness of decision-making, etc. Through our skilled staff and automated review system, we can deliver utilization review services that cut overhead costs for the self-insured clients, insurance companies and the public entities we service.

Medical Bill Review

During the three-month period ended June 30, 2019, medical bill review revenue decreased 1% by \$1,090, when compared to the same period a year earlier. The decrease was due to a decrease in the number of both hospital and non-hospital bills from existing customers when compared to the same period a year earlier. Medical bill review involves analyzing medical provider services and equipment billing to ascertain proper reimbursement. Such services include, but are not limited to, coding review and rebundling, confirming that the services are customary and reasonable, fee schedule compliance, out-of-network bill review, pharmacy review, and preferred provider organization repricing arrangements. These services can result in significant network savings.

Medical Case Management

During the three-month periods ended June 30, 2019 and 2018, medical case management revenue was \$799,349 and \$615,602, respectively. The increase in medical case management revenue of \$183,747 was the result of several clients assigning more claims to our medical case managers, which required the hiring of additional nurses to manage them. Medical case management keeps medical treatment claims progressing to a resolution and assures treatment plans are aligned from a medical perspective. Medical oversight is a collaborative process that assesses plans, implements, coordinates, monitors and evaluates the options and services required to meet an injured worker's health needs. Medical case managers act as a liaison between the injured worker, claims adjuster, medical providers and attorneys to achieve optimal results for injured workers and employer/clients. The addition of several nurses keeps our ratio of claims per nurse at a level to ensure timely and appropriate medical care is given to the injured worker and facilitates a faster claim closure for our customers.

Other

Other fees consist of revenue derived from network access and claims repricing, lien representation, legal support services, Medicare set-aside and workers' compensation carve-out services. Other revenue for three-month periods ended June 30, 2019 and 2018, were \$76,382 and \$129,350 respectively. The decrease in other fees of \$52,968 was the result of a customer's decrease in utilizing our provider network, thus reducing the revenue from network access fees and due to a client catching up on a backlog of Medicare set-aside claims.

Expenses

Total expenses for the three months ended June 30, 2019 and 2018, were \$1,469,561 and \$1,209,480, respectively. The increase of \$260,081 was the result of increases in depreciation and amortization, salaries and wages, professional fees, insurance, data maintenance, general and administrative expenses, which were partially offset by decreases in consulting fees, bad debt and outsource service fees.

Depreciation and Amortization

During the three-month period ended June 30, 2019, we recorded depreciation and amortization expense of \$17,989 compared to \$16,443 during the comparable 2018 period. The increase in depreciation and amortization was primarily attributable to the purchasing of new fixed assets and certain fixed assets being fully depreciated during the three months ended June 30, 2019.

Bad Debt

During the three-month period ended June 30, 2019, bad debt provision decreased by \$35,0000 compared to the three-month period ended June 30, 2018. The decrease was primarily the result of various delinquent customers making payments which resolved their uncollectible status.

Consulting Fees

During the three months ended June 30, 2019, consulting fees decreased to \$70,007 from \$85,449 during the three months ended June 30, 2018. The decrease of \$15,442 was the result of the termination of a consultant, partially offset by hiring a consultant to assist with our insurance acquisition search.

Salaries and Wages

During the three-month period ended June 30, 2019, salaries and wages increased \$154,486 compared to the same period in 2018. This increase was primarily the result of hiring additional employees, reversal of a 10% pay cut for certain employees and executives, and salary increases for other employees.

Professional Fees

For the three months ended June 30, 2019, we incurred professional fees of \$101,251 compared to \$77,743 during the three months ended June 30, 2018. The increase in professional fees was primarily the result of an increase in accounting, legal expenses and medical case management fees.

Insurance

During the three-month period ended June 30, 2019, we incurred insurance expenses of \$86,922, a 19% increase over the same three-month period in 2018. The increase in insurance expense was primarily attributed to the additional medical insurance costs for new employees and increasing medical insurance premiums for the three-month period 2019 compared to the same period 2018.

Outsource Service Fees

Outsource service fees consist of costs incurred by our subsidiaries in outsourcing some functions of utilization review, medical bill review, Medicare set-aside services and field case management fees and typically tends to increase and decrease in correspondence with increases and decreases in demand for those services. We incurred \$136,671 and \$163,959 in outsource service fees during the three-month periods ended June 2019 and 2018, respectively. The decrease of \$27,288 was primarily due to the loss of a utilization review customer in the second quarter, fewer Medicare set-aside claims due to a customer catching up on a backlog of claims, and higher utilization of our internal nurses on field case management claims. We anticipate our outsource service fees will continue to move in correspondence with the level of utilization review, medical bill review and certain medical case management services we provide in the future.

Data Maintenance

During the three-month periods ended June 30, 2019 and 2018, data maintenance fees were \$57,319 and \$16,798 respectively. The increase of \$40,521 was primarily the result of recording a larger volume of notification fees associated with HCO annual renotification renewals during the three-month period ended June 30, 2019 when compared to the same period in 2018. A portion of this change was due to our recognition of annual HCO renotification fees for a particular customer in the second quarter 2019, compared to the first quarter 2018.

General and Administrative

During the three-month period ended June 30, 2019, general and administrative expenses increased 19% to \$217,566 when compared to the three-month period ended June 30, 2018. This increase of \$33,999 was primarily attributable to increases in charitable contributions, travel, vacation expense, postage expense, parking, licenses and permits, IT enhancements, dues and subscriptions, and miscellaneous expense, partially offset by decreases in office supplies, postage expense, auto expense, dues and subscriptions, and paid time off expenses.

Income from Operations

As a result of the \$153,802 increase in total revenue during the three-month period ended June 30, 2019, and the \$260,081 increase in total expenses during the same period, our income from operations decreased \$106,279, or 24%, during the three-month period ended June 30, 2019, when compared to the same period in 2018.

Income Tax Provision

We realized a \$29,829, or 24%, decrease in our income tax provision during the three-month period ended June 30, 2019, compared to the three-month period ended June 30, 2018. This decrease in income tax expense was primarily due to a decrease in the effective tax rate for the quarter ended June 30, 2019, as a result of the impact of the Tax Cuts and Jobs Act and lower income from operations.

Net Income

During the three-month period ended June 30, 2019, we realized a 22% increase in total expenses which was only partially offset by a 9% increase in total revenues and a 24% decrease in our provision for income tax when compared to the same period in 2018. As a result, we realized a net decrease of \$76,450, or 24%, in net income during the three-month period ended June 30, 2019 compared to the three-month period ended June 30, 2018.

Comparison of six months ended June 30, 2019 and 2018

The following represents selected components of our consolidated results of operations, for the six-month periods ended June 30, 2019 and 2018, respectively, together with changes from period-to-period:

		For six months ended		
	Jun	June 30,		
	2019	2018	Amount Change	% Change
Revenues:				
HCO fees	\$ 771,182	\$ 759,707	\$ 11,475	2%
MPN fees	250,978	265,277	(14,299)	(5%)
Utilization review	579,238	586,518	(7,280)	(1%)
Medical bill review	260,077	240,209	19,868	8%
Medical case management	1,580,963	1,198,171	382,792	32%
Other	156,319	194,944	(38,625)	(20%)
Total revenues	3,598,757	3,244,826	353,931	11%
Expense:				
Depreciation and amortization	36,873	32,787	4,086	12%
Bad debt provision	-	(35,000)	35,000	-
Consulting fees	149,642	164,263	(14,621)	(9%)
Salaries and wages	1,535,541	1,118,828	416,713	37%
Professional fees	179,216	155,213	24,003	15%
Insurance	160,305	140,200	20,105	14%
Outsource service fees	261,480	259,840	1,640	1%
Data maintenance	67,619	49,229	18,390	37%
General and administrative	425,001	351,772	73,229	21%
Total expenses	2,815,677	2,237,132	578,545	26%
Income from operations	783,080	1,007,694	(224,614)	(22%)
Income before taxes	783,080	1,007,694	(224,614)	(22%)
Income tax provision	(219,813)	(282,859)	63,046	(22%)

Revenue

Net income

Total revenues during the six-month period ended June 30, 2019, increased 11% to \$3,598,757 compared to \$3,244,826 during the six-month period ended June 30, 2018.

563,267

724,835

(161,568)

(22%)

During the first six months of 2019, HCO fees, medical bill review and medical case management increased 2%, 8% and 32% respectively, while MPN, utilization review, and other fees decreased by 5%, 1%, and 20%, respectively. Other revenues consisted of revenues derived primarily from network claims repricing services, lien representation services, legal support services, workers' compensation carve-out revenues and Medicare set-aside revenues.

HCO Fees

During the six-month periods ended June 30, 2019 and 2018, HCO fee revenues were \$771,182 and \$759,707 respectively. The 2% increase in HCO revenue was attributable to increases in HCO employee enrollment from existing customers and the addition of a new customer employee enrollment in 2019, partially offset by the loss of a customer and fewer reported claims, resulting in a decrease in claim network fees.

MPN Fees

MPN fee revenue for the six-month periods ended June 30, 2019 and 2018, was \$250,978 and \$265,277 respectively, a decrease of 5%, resulting from fewer reported customer claims due to a decrease in claims administration fees as a result of fewer customer reported claims, partially offset by an increase in program administration fees from existing customers.

Utilization Review

During the six-month periods ended June 30, 2019 and 2018, utilization review revenue was \$579,238 and \$586,518, respectively. The decrease of 1% in the 2019 period was primarily attributable to decreased utilization reviews from the loss of a customer partially offset by the addition of a new customer in the second quarter in 2019.

Medical Bill Review

During the six-month period ended June 30, 2019, medical bill review revenue increased by \$19,868 when compared to the same period a year earlier. This 8% increase was due to a net increase during the six months ended June 30, 2019 in the volume of hospital and non-hospital bills processed from existing customers due to more reported injuries, despite a reduction in medical bills processed during the three months ended June 30, 2019.

Medical Case Management

During the six months ended June 30, 2019 and 2018, medical case management revenue was \$1,580,963 and \$1,198,171, respectively. The increase in medical case management revenue of 32% was the result of several clients assigning more claims to our medical case managers, which required the hiring of additional nurses to manage them. We expect medical case management revenue to increase at a moderate rate during the remainder of fiscal 2019.

Other

Other revenue for six-month periods ended June 30, 2019 and 2018, were \$156,319 and \$194,944, respectively. The decrease of \$38,625 was primarily the result of a customer's decrease in utilizing our provider network, thus reducing the revenue from network access fees and due to a client catching up on a backlog of Medicare set-aside claims.

Expenses

Total expenses for the six months ended June 30, 2019 and 2018, were \$2,815,677 and \$2,237,132, respectively. The increase of \$578,545 was the result of increases in depreciation and amortization, salaries and wages, professional fees, insurance, data maintenance, outsource service fees, and general and administrative expense, which were partially offset by decreases in consulting fees and decreases in bad debt provisions.

Depreciation and Amortization

During the six-month period ended June 30, 2019, we recorded depreciation and amortization expense of \$36,873 compared to \$32,787 during the comparable 2018 period. The increase in depreciation and amortization was primarily attributable to the addition of new fixed assets partially offset by other fixed assets being fully depreciated during the second half of 2019.

<u>Bad Debt</u>

During the six-month period ended June 30, 2019, bad debt provision decreased by \$35,000 compared to the six-month period ended June 30, 2018. This decrease was primarily the result of various delinquent customers making payments which resolved their uncollectible status.

Consulting Fees

During the six months ended June 30, 2019, consulting fees decreased to \$149,642 from \$164,263 during the six months ended June 30, 2018. This decrease of \$14,621 was the primarily result of the termination of a consultant, partially offset by hiring a consultant to assist with our insurance acquisition search.

Salaries and Wages

During the six-month period ended June 30, 2019, salaries and wages increased 37% to \$1,535,541 compared to \$1,118,828 during the same period in 2018. This increase was primarily the result of hiring additional employees, reversal of a 10% pay cut for certain employees and executives, and salary increases for other employees.

Professional Fees

For the six months ended June 30, 2019, we incurred professional fees of \$179,216 compared to \$155,213 during the six months ended June 30, 2018. The \$24,003 increase in professional fees was primarily the result of increases in accounting, legal expenses, and medical case management fees resulting from increased case management activity.

Insurance

During the six-month period ended June 30, 2019, we incurred insurance expenses of \$160,305, a 14% increase over the same six-month period in 2018. The increase in insurance expense was primarily attributed to the costs of medical insurance for new employees and increases in medical insurance for existing employees.

Outsource Service Fees

We incurred \$261,480 and \$259,840 in outsource service fees during the six-month periods ended June 2019 and 2018, respectively. The increase of \$1,640 was primarily the result of increases in outsource services required for medical bill review during the quarter ended March 31, 2019 partially offset by decreases in utilization review and field medical case management fees during the quarter ended June 30, 2019, primarily due to the loss of a utilization review customer, fewer Medicare set-aside claims due to a client catching up on a backlog of claims and higher utilization of our internal nurses on field medical management claims. We anticipate our outsource service fees will continue to move in correspondence with the level of utilization review, medical bill review and certain medical case management services we provide in the future.

Data Maintenance

During the six-month periods ended June 30, 2019 and 2018, data maintenance fees were \$67,619 and \$49,229 respectively. The increase of \$18,390 was primarily the result of an increase in the number of employees enrolled in the HCO program with existing customers during the six-month period ended June 30, 2019 when compared to the same period in 2018.

General and Administrative

During the six-month period ended June 30, 2019, general and administrative expenses increased 21% to \$425,001 when compared to the six-month period ended June 30, 2018. This increase of \$73,229 was primarily attributable to increases in advertising, auto expense, bank charges, dues and subscriptions, equipment expense, IT enhancement, licenses and permits, equipment rental, office rent, and other miscellaneous general administrative expense, partially offset by lower levels of shareholders expense, employment agency fees and telephone expenses.

We expect current levels of general and administrative expenses to increase during the remaining months of 2019 primarily to improve our IT technology to include the enhancement of our IT security.

Income from Operations

Total revenue during the six-month period ended June 30, 2019, increased by \$353,931 to \$3,598,757 compared to \$3,244,826 in the same period in 2018. Our total expenses increased by \$578,545 during the six months ended June 30, 2019, resulting in a decrease in income from operations of \$224,614 compared to the six months ended June 30, 2018. This resulted in a 22% decrease in income from operations when compared to the same period in 2018.

Income Tax Provision

We realized a decrease of \$63,046 or 22%, in our income tax provision during the six-month period ended June 30, 2019 compared to the six-month period ended June 30, 2018. This decrease in income tax expense was primarily due to a decrease in the effective tax rate for the quarter ended June 30, 2019, as a result of the impact of the Tax Cuts and Jobs Act together with, lower income before taxes during the six-month period ended June 30, 2019 when compared to same period in 2018.

Net Income

During the six-month period ended June 30, 2019, total revenues of \$3,598,757 increased 11% and our provision for income tax was lower by 22%. These changes only partially offset the 26% increase in total expenses. As a result, we realized a \$161,658, or 22% decrease in net income during the six months ended June 30, 2019 when compared to the six-month period June 30, 2018.

Liquidity and Capital Resources

As of June 30, 2019, we had cash on hand of \$7,552,616 compared to \$7,072,507 at December 31, 2018. The \$480,109 increase was the result of net cash provided by our operating activities, partially offset by cash used in investing activities.

We currently have planned certain capital expenditures during 2019, to expand our IT capabilities. We believe we have adequate capital on hand to cover these expenditures and do not anticipate this will require us to seek outside sources of funding.

We continue to investigate potential opportunities to expand our business either through the creation of new business lines or the acquisition of existing businesses. We are also looking to expand our business into the insurance industry during 2019 but have not identified any suitable merger or acquisition candidates or opportunities at the current time. We anticipate an expansion or acquisition of this sort may require greater capital resources than we currently possess. Should we need additional capital resources, we could seek to obtain such through debt and/or equity financing. We do not currently possess an institutional source of financing and there is no assurance that we could be successful in obtaining equity or debt financing when needed on favorable terms, or at all. We could also use shares of our capital stock as consideration for a business acquisition transaction.

Cash Flow

During the six months ended June 30, 2019, cash was primarily used to fund operations. We had a net increase in cash of \$480,109 during the six months ended June 30, 2019. See below for additional information.

	For th 201 (unauc	19	s en	aded June 30, 2018 (unaudited)
Net cash provided from operating activities	\$	495,356	\$	760,254
Net cash used in investing activities		(15,247)		(12,191)
Net cash used in financing activities		<u>-</u>		(18,750)
Net increase in cash	\$	480,109	\$	729,313

During the six months ended June 30, 2019 and 2018, net cash provided by operating activities was \$495,356 and \$760,254 respectively. As discussed herein, we realized net income of \$563,267 during the six months ended June 30, 2019, compared to net income of \$724,835 during the six months ended June 30, 2018.

The increase in cash flow from operating activities was primarily the result of increases in net income, depreciation and amortization, deferred rent expenses, accrued expenses, and decreases in prepaid expenses, partially offset by increases in accounts receivable, receivable other, prepaid income tax and decrease in accounts payable, credit card payable, increases in prepaid expenses.

Net cash used in investing activities was \$15,247 and \$12,191 during the six-month periods ended June 30, 2019 and 2018, respectively. During the six-month period ended June 30, 2019 and 2018, net cash was used in investing activities to purchase computers, furniture and equipment.

We used no cash in financing activities in 2019. By comparison, in 2018 during the six-month periods ended June 30, 2018, we used \$18,750 in financing activities to pay unclaimed dividends declared in September 2015.

Summary of Material Contractual Commitments

The following is a summary of our material contractual commitments as of June 30, 2019.

	Payments Due By Period								
	Total	Less than 1 year		1-3 years		3-5 years		More than 5 years	
Operating Leases:									
Operating Leases – Equipment	\$ 20,676	\$	20,676	\$	-	\$	-	\$	-
Office Leases	\$ 731,806		266,935		464,871		-		=
Less: Imputed interest/present value discount	\$ (70,572)	\$	(15,257)	\$	(55,315)	\$	-	\$	-
Total Operating Leases	\$ 681,910	\$	272,354	\$	409,556	\$	-	\$	

Off-Balance Sheet Financing Arrangements

As of June 30, 2019, we had no off-balance sheet financing arrangements.

Inflation

We experience pricing pressures in the form of competitive prices. We are also impacted by rising costs for certain inflation-sensitive operating expenses such as labor and employee benefits and facility leases. However, we generally do not believe these impacts are material to our revenues or net income.

Critical Accounting Policies and Estimates

See Note 1 to our condensed consolidated financial statements included elsewhere in this report.

Item 3. Quantitative and Qualitative Disclosure about Market Risk

This information is not required for smaller reporting companies.

Item 4. Controls and Procedures

Evaluation of Disclosure Controls and Procedures

We maintain "disclosure controls and procedures," as defined in Rules 13a-15(e) and 15d-15(e) under the Exchange Act, which are controls and other procedures that are designed to provide reasonable assurance that information required to be disclosed by a company in the reports that it files or submits under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the SEC's rules and forms. Disclosure controls and procedures include, without limitation, controls and procedures designed to ensure that information required to be disclosed by a company in the reports that it files or submits under the Exchange Act is accumulated and communicated to the company's management, including its principal executive and principal financial officers, as appropriate to allow timely decisions regarding required disclosure.

Our management, under the supervision and with the participation of our principal executive officer and principal financial officer, conducted an evaluation the effectiveness of our disclosure controls and procedures as of the end of the period covered by this quarterly report on Form 10-Q. Based on the evaluation of our disclosure controls and procedures as of June 30, 2019, the end of the period covered by this report, our Chief Executive Officer and Chief Financial Officer concluded that our disclosure controls and procedures were effective at a reasonable assurance level.

Changes in Internal Control over Financial Reporting

There were no changes in our internal control over financial reporting during the quarter ended June 30, 2019, that materially affected or are reasonably likely to materially affect, our internal control over financial reporting.

PART II. OTHER INFORMATION

Item 1A. Risk Factors

Management does not believe there have been any material changes to the risk factors listed in Part I, "Item 1A, Risk Factors" in our annual report on Form 10-K for the year ended December 31, 2018. These risk factors should be carefully considered with the information provided elsewhere in this report, which could materially adversely affect our business, financial condition or results of operations.

Item 6. Exhibits

Exhibits. The following exhibits are filed or furnished, as applicable, as part of this report:

Exhibit Number	Title of Document
Exhibit 31.1	Certification of Principal Executive Officer pursuant to Rule 13a-14(a) as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002
Exhibit 31.2	Certification of Principal Financial Officer pursuant to Rule 13a-14(a) as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002
Exhibit 32.1	Certification pursuant to 18 U.S.C. Section 1350 as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002
Exhibit 101	The following materials from Pacific Health Care Organization, Inc.'s Quarterly Report on Form 10-Q for the period ended June 30, 2019, formatted in XBRL (eXtensible Business Reporting Language): (i) the Unaudited Condensed Consolidated Balance Sheets, (ii) the Unaudited Condensed Consolidated Statements of Operations, (iii) the Unaudited Condensed Consolidated Statements of Cash Flows, and (iv) Notes to the Unaudited Condensed Consolidated Financial Statements.
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

PACIFIC HEALTH CARE ORGANIZATION, INC.

Date: August 14, 2019 /s/ Tom Kubota

Tom Kubota

Chief Executive Officer

Date: August 14, 2019 /s/ Fred Odaka

Fred Odaka

Chief Financial Officer

EXHIBIT 31.1 CERTIFICATION OF PRINCIPAL EXECUTIVE OFFICER Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002

I, Tom Kubota, certify that:

- 1) I have reviewed this quarterly report on Form 10-Q of Pacific Health Care Organization, Inc.
- 2) Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3) Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4) The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and we have:
 - (a) Designed such disclosure controls and procedures or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures as of the end of the period covered by this report based on such evaluation; and
 - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal controls over financial reporting; and
- 5) The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: August 14, 2019

/s/ Tom Kubota

Tom Kubota
Chief Executive Officer

EXHIBIT 31.2

CERTIFICATION OF PRINCIPAL FINANCIAL OFFICER Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002

I, Fred Odaka, certify that:

- 1) I have reviewed this quarterly report on Form 10-Q of Pacific Health Care Organization, Inc.
- 2) Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3) Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4) The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and we have:
 - (a) Designed such disclosure controls and procedures or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures as of the end of the period covered by this report based on such evaluation; and
 - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal controls over financial reporting; and
- 5) The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: August 14, 2019

/s/ Fred Odaka

Fred Odaka

Chief Financial Officer

EXHIBIT 32.1

CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT BY SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the quarterly report on Form 10-Q of Pacific Health Care Organization, Inc. (the "Company") for the period ended June 30, 2019 as filed with the Securities and Exchange Commission (the "Report"), the undersigned hereby certify, pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that, to the best of their knowledge:

- (1) The Report fully complies with the requirements of section 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- (2) The information contained in the Report fairly presents, in all material respects, the financial condition and result of operations of the Company.

Date: August 14, 2019	
	/s/ Tom Kubota
	Tom Kubota
	Chief Executive Officer
Date: August 14, 2019	
	/s/ Fred Odaka
	Fred Odaka
	Chief Financial Officer

This certification is not deemed filed with the Securities and Exchange Commission and is not incorporated by reference into any filing of the Company under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended (whether made before or after the date of this Report), irrespective of any general incorporation language contained in such filing.